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## **DR SULBHA ARORA MD, DNB**

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### **EXECUTIVE SUMMARY**

- Scientific Director - Deccan Fertility Clinic and Keyhole Surgery Center (Feb 2008 - Present)
- Clinical Associate - Rotunda-The Center for Human Reproduction (Aug 2004 - March 2008)
- Clinical Associate - Prince Aly Khan Hospital IVF Center & The Aesculap Academy for Minimally Invasive Surgery, Training & Research (March 2005 - December 2007)

### **OTHER APPOINTMENTS**

- Academic Program Coordinator - Rotunda-Deccan Fellowship Programs and IUI courses
- Webmaster - World Association for Reproductive Medicine (WARM)
- Webmaster - International Society on Fallopian Tubes (ISFT)
- Associate Editor - Mumbai Obstetrics and Gynaecology News & Views (April 2006 - March 2007)
- Editor - Advances in ART and Infertility Management (In Print)

### **CAREER STATEMENT**

- Experience of more than four years in Assisted Reproductive Techniques, with special focus on Donor Egg and Surrogacy programs
- Key person involved in the commissioning of the Deccan Fertility Clinic & Keyhole Surgery Center
- Initiation of the budget IVF program at the Deccan Fertility Clinic, making expensive IVF treatments accessible to the common man
- Designed and standardized clinical protocols, procedures for all ART
- Designed all SOPs related to the department and instrumental in ISO 9001:2000 accreditation
- Preparation and maintenance of IVF stimulation charts, patient history records etc
- Performed more than 400 IUI cycles in the last four years
- Performed more than 50 IVF/ICSI/Donor Egg cycles in the last six months including pick ups and transfers
- Commissioning of the Prince Aly Khan Hospital IVF Center and Aesculap Academy for Minimally Invasive Surgery, Training & Research
- Conduction of IUI Workshops and CMEs
- Conduction of Hands-on training workshops in gynaecologic endoscopic surgery
- Publication in International Journals

## MEDICAL QUALIFICATIONS

- MD (Obstetrics & Gynaecology): Bombay Hospital and Medical Research Center
- DNB (Obstetrics & Gynaecology): Bombay Hospital and Medical Research Center
- MBBS: KJ Somaiya Medical College and Research Center

## SKILL SET

- Independent handling of all infertility cases
- Patient management and counselling
- Well Versed in all ART related procedures including IUI, Sperm Wash, IVF, ICSI, Donor Egg IVF, PESA, TESA, Surrogacy
- Proficient in Transvaginal Sonography including egg retrievals and embryo transfers
- Proficient in Diagnostic Laparoscopy-Hysteroscopy
- Overseas patient management - handling patient queries, medical tourism coordination
- Department coordination related to procedures and protocols; costings of different packages; billing; stock management; staff induction; logistics

## PERSONAL PROFILE

Date of Birth : 21<sup>st</sup> August 1976  
Marital Status : Single  
Languages Known : Fluent in English and Hindi  
Address : 8, Rajnandini, Plot No 594/A, 21<sup>st</sup> Road, TPS III, Bandra (West),  
Mumbai 400 050  
Mobile : +91 98200 68312  
Email Id : [drsulbha.arora@gmail.com](mailto:drsulbha.arora@gmail.com)  
School : Arya Vidya Mandir, Santacruz, Mumbai - 400 054  
College : Doongarsee Gangjee Ruparel College of Arts, Science and Commerce,  
Mahim, Mumbai- 400016  
Medical College : KJ Somaiya Medical College, Sion, Mumbai  
Bombay Hospital Institute of Medical Sciences, Marine Lines, Mumbai

## ACADEMIC QUALIFICATIONS

Degree / Diploma	Board / University	Year	Attempt	Other Information
DNB	University of Delhi	January 2005	1 <sup>st</sup> Attempt	-
MD (Obs/Gyn.)	University of Mumbai	January 2005	2 <sup>nd</sup> Attempt	Passed with 1 <sup>st</sup> Class
MBBS	University of Mumbai	1994 - 1998	1 <sup>st</sup> Attempt	Passed with 1 <sup>st</sup> Class
HSC	DG Ruparel College, Mumbai	1992 - 1994	1 <sup>st</sup> Attempt	Passed with Distinction
ICSE	Arya Vidya Mandir, Mumbai	1980 - 1992	1 <sup>st</sup> Attempt	Passed with Distinction

## Rotating Internship

From Jan 1999 to Jan 2000 at KJ Somaiya Medical College and Hospital, Sion, Mumbai.

#### Registration

Maharashtra Medical Council Dated March 2000.

Registration No: 2000/03/1777.

#### Present Designation

Scientific Director - Deccan Fertility Clinic & Keyhole Surgery Center, Mumbai

#### Office Practice & Correspondence

Deccan Fertility Clinic & Keyhole Surgery Center

2, Joglekar Building, Dadasaheb Rege Marg, Opp Shiv Sena Bhavan, Dadar (West), Mumbai 28.

Tel:- +91 22 2444 9992, 2446 6633 Fax No:- +91 22 2444 4443

E-mail address: [drsulbha.arora@gmail.com](mailto:drsulbha.arora@gmail.com)

Homepage: <http://www.testtubebabyclinic.com>

#### POSITION AND APPOINTMENTS

Post Held	Department	Period
1. House Officer	Dept. Of Obstetrics & Gynecology Bombay Hosital, Marine Lines, Mumbai Under Dr. Sadhana K Desai	From 21.8.01 to 31.01.02 (6 months)
2. House Officer	Dept. of Obstetrics & Gynecology Bombay Hosital, Marine Lines, Mumbai Under Dr. PB Pai	From 1.02.02 to 31.07.02 (6 Months)
3. House Officer	Dept. of Obstetrics & Gynecology KB Bhabha Municipal General Hospital, Bandra, Mumbai. Under Dr. Ajit Virkud	From 1.8.02 to 31.7.03 (12 Months)
4. Jr. Registrar	Dept. of Obstetrics & Gynecology, Bombay Hosital, Marine Lines, Mumbai Under Dr. PB Pai	From 1.8.03 to 31.1.04 (6 Months)
5. Sr. Registrar (Teaching Post)	Dept. of Obstetrics & Gynecology, Bombay Hosital, Marine Lines, Mumbai Under Dr. Sadhana K Desai	From 1.2.04 to 31.7.04 (6 Months)
6. Clinical Associate	Rotunda- Center For Human Reproduction	From 3.08.04 to 28.02.05 (7 months)
7. Clinical Associate	Prince Aly Khan Hospital IVF Center Aesculap Academy - Asia Pacific Center for Minimally Invasive Surgery, Training & Research	From 01.03.05 to 31.12.07 (33 months)
8. Scientific Director*	Deccan Fertility Clinic & Keyhole Surgery Center	From 01.04.08 to date

\*Present Designation

#### ORGANISATIONAL POSITIONS

1. Course-Coordinator for the 1<sup>st</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy held at the Prince Aly Khan Hospital Training Center from July 16 - 18, 2005.
2. Course-Coordinator for the 2nd Hands-on Training Workshop in Operative Gynecologic Endoscopy held at the Prince Aly Khan Hospital Training Center from Sep 16 - 18, 2005.
3. Member of the Organizing Committee of the Asia Pacific Congress on Egg Donation and Third Party Reproduction - "APCED2005" held at Hotel Anandha Inn, Pondicherry, India from November 24 - 27, 2005.
4. Course-Coordinator for the 3rd Hands-on Training Workshop in Operative Gynecologic Endoscopy held at the Prince Aly Khan Hospital Training Center from Dec 2 - 4, 2005.
5. Course-Coordinator for the 4th Hands-on Training Workshop in Operative Gynecologic Endoscopy held at the Prince Aly Khan Hospital Training Center from February 24 - 26, 2006.
6. Course-Coordinator for the 5<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center from May 26 - 28, 2006.
7. Course-Coordinator for the 6<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center from July 26 - 28, 2006.
8. Course-Coordinator for the 7<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center from September 26 - 28, 2006.
9. Member of the Organizing Committee of the Indo-French Congress on Gynecologic Endoscopy, Ultrasound and Infertility- "IF2006" held at Clark's Varanasi, Varanasi, India from November 23 - 26, 2006.
10. Course-Coordinator for the 8<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center from December 26 - 28, 2006.
11. Course-Coordinator for the 9<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center in February, 2007.
12. Course-Coordinator for the 10<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center in April, 2007.
13. Course-Coordinator for the 11<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center in June, 2007.
14. Course-Coordinator for the 12<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center in August, 2007.
15. Joint Organizing Secretary for the World Congress on Fallopian Tubes - "Tubes 2007" held at Taj Bengal and The Oberoi Grand, Kolkata, India from October 18 - 21, 2007.

16. Course-Coordinator for the 13<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center in October, 2007.
17. Course-Coordinator for the 14<sup>th</sup> Hands-on Training Workshop in Operative Gynecologic Endoscopy to be held at the Prince Aly Khan Hospital Training Center in December, 2007.
18. Joint Organizing Secretary for the International Congress on PCOS - "PCOS 2008" held at Holiday Inn, Goa, India from August 14 - 17, 2008.
19. Webmaster for the 4<sup>th</sup> Congress of the World Association of Reproductive Medicine.
20. Webmaster for the International Society for Fallopian Tubes (ISFT).

#### **MEMBERSHIP OF VARIOUS SOCIETIES**

1. Member of Mumbai Obstetrics and Gynaecological Society (MOGS)
2. Member of the Federation of Obstetrics and Gynaecological Societies of India (FOGSI)
3. Member of Association of Medical Consultants, Mumbai
4. Member of the American Society for Reproductive Medicine (ASRM)

#### **SCIENTIFIC PRESENTATIONS**

1. 'NST in relation to cord around the neck, indicating decision for Caesarean Section' - Presented at the 111<sup>th</sup> Research Meeting of The Medical Research Centre of Bombay Hospital.
2. 'Ultrasound guided tracking of embryo-associated air during embryo transfer (ET) can be a predictor for successful outcome in IVF-ET cycles' - Poster presentation at the 22<sup>nd</sup> Annual Meeting of ESHRE held at Prague in June 2006.

#### **WORKSHOPS AND CMEs**

1. Lecture on 'Intrauterine Insemination' at a CME organized by the Prince Aly Khan Hospital Mumbai for general practitioners on 23<sup>rd</sup> April 2005.
2. Seven IUI Training Workshops conducted for obstetricians and gynaecologists with hands-on training and lectures on indications, patient management, stimulation protocols, IUI preparation and complications.

#### **PARTICIPATION IN VARIOUS CONGRESSES/ WORKSHOPS**

1. 30<sup>th</sup> Annual Conference of the Bombay Obstetric & Gynaecological Society, held on 30-31 March 2002, Hotel Oberoi Towers, Bombay.
2. International Congress on Infertility hosted by FOGSI at Hotel Renaissance, Powai, Mumbai from November 14 - 16, 2003.
3. Annual Conference of ESHRE held at Prague, Czech Republic, in June 2006.
4. 35<sup>th</sup> Annual Conference of the Mumbai Obstetric & Gynecological Society held at Hotel JW Marriott, Juhu, Mumbai on 17-18 March 2007.

## INTERNATIONAL PUBLICATIONS

1. Antibubble trajectory during embryo transfers in donor egg IVF does not predict success rate (Co-author)  
Reprod Biomed Online  
2008 Jun;16(6):881-5.
2. The Future of Gynecological Surgery (Author)  
International Health Sciences Journal

## ACHIEVEMENTS

1. Commissioning of India's first budget IVF Center making the dream of assisted reproduction a reality for the common man
2. Appraised for achieving 40% IVF pregnancy rate more than the International Standards

## OTHER KEY CONTRIBUTIONS

- Key Contributor for technical contents of the following websites:
  - [www.testtubebabyclinic.com](http://www.testtubebabyclinic.com)
  - [www.iwannagetpregnant.com](http://www.iwannagetpregnant.com)
  - [www.sisab.net/pcos2008](http://www.sisab.net/pcos2008)
  - [www.sisab.net/tubes2007](http://www.sisab.net/tubes2007)
  - [www.sisab.net/if2006](http://www.sisab.net/if2006)
  - [www.sisab.net/apced2005](http://www.sisab.net/apced2005)
  - [www.warmonline.org](http://www.warmonline.org) (Webmaster)
- Scientific Content Coordinator for the reproductive health series called 'Santiti' aired on Care TV
- Prepared a working model for setting up India's first Budget IVF Clinic at Deccan
- Conducted lectures for family physicians and gynecologists to update their knowledge on the causes of infertility, stimulation protocols and IUI
- Conducted regular IUI Workshops for doctors and trained them in the procedure of IUI, its indications, stimulation protocols, techniques and complications

## ACADEMIC ACHIEVEMENTS

- Conducted research to study the effect of bubble movement during embryo transfer under ultrasound guidance, which was presented at the Poster Session of the ESHRE Annual Conference at Prague in June 2006.

## CHAPTERS CONTRIBUTED

1. Sonosalpingography in the book 'Textbook of gynaecology for undergraduate students', Duru Shah, Safala Shroff (Eds), Pee Pee Medical Publishers, New Delhi, India 2006.
2. Hysteroscopic Cannulation in Proximal Tubal Block in the book 'Endoscopy in Infertility' Kamini Rao, (Ed), Jaypee Medical Publishers, New Delhi, India 2006.
3. Early Origins of PCOS in the book 'Polycystic Ovary Syndrome' R Agrawal, GN Allahbadia (Eds), Anshan Publishing, London, UK, 2007.
4. Familial associations in PCOS in the book 'Polycystic Ovary Syndrome' R Agrawal, GN Allahbadia (Eds), Anshan Publishing, London, UK, 2007.
5. Reproductive outcome in PCOS women in the book 'Polycystic ovarian syndrome: an update' Gita Ganguly Mukherjee, BN Chakravarty (Eds), Jaypee Medical Publishers, New Delhi 2007.
6. Gestational Surrogacy in the book 'Donor Egg IVF' Gautam N Allahbadia (Ed), Jaypee Medical Publishers, New Delhi, India 2007.
7. Do hydrosalpinges adversely affect implantation in donor oocyte cycles in the book 'Donor Egg IVF' Gautam N Allahbadia (Ed), Jaypee Medical Publishers, New Delhi, India 2007.
8. The effects of prior gravidity on the outcomes of egg donation in the book 'Donor Egg IVF' Gautam N Allahbadia (Ed), Jaypee Medical Publishers, New Delhi, India 2007.
9. The impact of embryo transfer on implantation in the book "Embryo Transfer", Gautam N Allahbadia (Ed), Jaypee Medical Publishers, New Delhi, India, 2007.
10. Junctional Zone Contractions in the book "Embryo Transfer", Gautam N Allahbadia (Ed), Jaypee Medical Publishers, New Delhi, India, 2007.
11. Hinduism & Fertility in the book 'Faith & Fertility", Eric Blyth (Ed), Parthenon Medical Publishers, London, UK, 2007.
12. Fallopian Tube Recanalization in the book 'Infertility made easy', Sushma Deshmukh (Ed) 2007.
13. Fallopian Tube Recanalization in the book 'Proceedings of the ICCRM', Duru Shah, Mandakini Parihar, Sangeeta Agarwal (Eds) 2006.
14. The Future of Gynecological Surgery-the next five decades in the book 'Advances in obstetrics & gynecology', Narendra Malhotra (Ed) 2007.
15. Recent technologies in infertility; How will you manage a case of ectopic pregnancy: before and after rupture?; What is the fertility treatment following ectopic pregnancy? In the book '100 questions in obstetrics and gynaecology answered', Kamala Selvaraj (Ed) 2007.
16. Medical vs Surgical management of ectopic pregnancy in the book 'The Fallopian Tube', Gautam Allahbadia (Ed) 2008.

## LIST OF REFEREES

1. Dr Gautam N Allahbadia, Medical Director, Rotunda Center for Human Reproduction, Bandra, Mumbai 400 050, India.

2. Dr PB Pai Dhungat, Consultant Obstetrician and Gynecologist, Bombay Hospital and Medical Research Centre, 12, New Marine Lines, Bombay 400 020, India.